## Course: NR-o6 - Awareness About the Use of PPE's

#### SCOPE AND APPLICABILITY:

This training discusses the correct use of PPE, as well as carrying out inspections on equipment immediately before use and the main criteria to assist CIPA and SESMT in choosing the equipment that best suits the professional needs for each type of situation discussed.

## **REGULATIONS & STANDARDS**

NR-06;

NR-15.

#### **COURSE CONTENT:**

- 1. Regulatory Standard NR-06;
  - 1.1. Purpose of the Standard;
  - 1.2. Who Does it Apply to?;
  - 1.3. Area of Application;
  - 1.4. General Provisions:
  - 1.5. The Importance of Using PPE;
- 2. Commercialization and Use;
  - 2.1. Manufacturer and Importer Responsibilities;
  - 2.2. Certificate of Approval CA;
  - 2.3. PPE Validity;
  - 2.4. INMETRO / SINMETRO;
- 3. Employer Responsibilities;
  - 3.1. PPE Hygienization;
  - 3.2. Replacement of PPE;
  - 3.3. Use of Biometric System in the Delivery of PPE;
  - 3.4. PPE Selection;
  - 3.5. Risk Management Program (PGR);
- 4. Employee Responsibilities;
- 5. MTE/SIT Responsibilities
  - 5.1. MTE;
  - 5.2. SIT;
  - 5.3. MTE/SIT Chart;
- 6. Types of Personal Protective Equipment;
  - 6.1. PPE for Head Protection:
    - 6.1.1. Hard Hat;
    - 6.1.2. Hygienization of the Hard Hat;
    - 6.1.3. Cap or Balaclava;
  - 6.2. PPE for Face and Eye Protection;
    - 6.2.1. Goggles;
    - 6.2.2. Hygienization of Safety Goggles
    - 6.2.3. Transmittance;
    - 6.2.4. Face Shield;
  - 6.3. PPE for Hearing Protection;
    - 6.3.1. Hearing Protector;
    - 6.3.2. Hearing Protector Hygienization;
  - 6.4. PPE for Respiratory Protection;
    - 6.4.1.Non-powered air purifying respirator;
    - 6.4.2. Powered air purifying respirator;

- 6.4.3.Compressed air line type air adduction respirator;
- 6.4.4.Supplied air respirators with autonomous mask;
- 6.4.5. Escape respirator;
- 6.5. PPE for Body/Torso Protection;
  - 6.5.1. Clothings;
  - 6.5.2. Bulletproof vest;
- 6.6. PPE for Upper Limb Protection;
  - 6.6.1. Protective Cream;
  - 6.6.2. Gloves
  - 6.6.3. Hygienization of the Gloves
  - 6.6.4. Sleeve;
  - 6.6.5.Armband;
  - 6.6.6. Finger cot;
- 6.7. PPE for Lower Limb Protection;
  - 6.7.1.Footwear;
  - 6.7.2.Sock;
  - 6.7.3. Hygienization of the Footwear;
  - 6.7.4. Gaiter:
  - 6.7.5. Trouser;
- 6.8. PPE for Whole Body Protection;
  - 6.8.1.Coverall;
  - 6.8.2. Full Body Clothing;
- 6.9. PPE for Fall Protection (Due to Level Difference);
  - 6.9.1. Safety belt with fall arrest device;
  - 6.9.2. Safety belt with lanyard;
- 6.10. PPE Normatively and Conceptually;
- 6.11. Proper Storage of PPE;
- 6.12. CPE Collective Protection Equipment;
- Incorrect Use of Personal Protective Equipment;
  - 7.1. Consequences for the Employee;
  - 7.2. Consequences for the Employer;
  - 7.3. Accidents Due to Improper Use of PPE;
  - 7.4. Examples of Non-PPEs;
- Certifications:
  - 8.1. Certifications Around the World.

#### COURSE DESIGN:

TOTAL: 6 hours.

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# **EVO** Personal Protective Equipment

# Prerequisite(s):

None.

# MINIMUM/MAXIMUM NUMBER OF DELEGATES

This course requires a minimum of 1, and a maximum number of 12 trainees.

To offshore trainings, the course number of attendees will comply with the vessels/rig necessity.

## **MAIN SAFETY ISSUES:**

- · Wear the PPE correctly to ensure its maximum effectiveness in case of accidents;
- · Identify which PPE will be most suitable for different situations;
- · Understand the importance of using PPE when necessary;
- Description of the equipment and its components;
- · Attention to occupational risks which PPE protects against;
- · Protection restrictions and limitations;
- · Proper usage and adjustment;
- · Maintenance and replacement; and
- Cleaning, hygiene, guard and conservation care.

## REQUIRED EQUIPMENT:

 For illustrative purposes, only the PPE distributed by the company to be covered in face-toface training.

#### **CERTIFICATION:**

Training certificate signed by responsible Engineer accredited by Brazilian CREA.

### **CERTIFICATE VALIDITY PERIOD:**

Recommendable: 1 year.

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